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Soroptimist House of Hope November 2015 Newsletter

COMMUNITY DONORS

Sidney Stern Memorial Trust

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Supervisor John Benoit

Supervisor Marion Ashley

Bighorn Golf Charities - Big Horn
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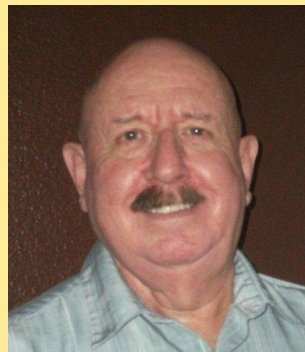
The Community Foundation
- Seraphim Fund

Steve & Marianne Kneass

Estate of Bruce C. Berkemeier

The Frank M. and Gertrude R.

Soroptimist House of Hope President's Message



As 2015 comes to a close, it's hard to believe that a year has almost passed. I find that the holiday season is a time to pause and reflect on this year. As I contemplate what has happened this year, one overwhelming feeling springs to mind, and that is PRIDE. The pride that is felt knowing

Doyle Foundation

Employees Community Fund
of Boeing

Desert Healthcare District

Tennis Champions Volunteer
Foundation

Sun Lakes Women For Hope
Tournament

Hoyt "Larry" Larison

Allstate Insurance

Audrey Moe

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Desert Hot Springs

Judie Burlingame

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Gold

SI Desert Cities of the
Coachella Valley
SI of Palm Desert
SI of Palm Springs

Silver

SI Beaumont/Banning
SI Blythe
SI Idyllwild

SI La Quinta

SI Moreno Valley

SI Twentynine Palms
SI Yucca Valley

how Soroptimist House of Hope has made such a difference for so many.

Now for some of our accomplishments for this past year. In January we had a ribbon cutting for our new multipurpose room at our Desert Hot Springs house, which will be a wonderful addition for meetings for staff, clients, Board Members and for special occasions. A new A/C unit was also installed.

In April we held our 2nd annual "Day of Hope" luncheon and silent auction fundraiser, which was a very well attended event, and we couldn't have done it without the support of our community volunteers and alumni of House of Hope. I would also like to thank everyone for their donations, support and attendance at our event.

During the spring and summer our Board of Directors and Grant writer, Christopher Francisco, made great strides with updating our bylaws and strategic plan, and I thank everyone involved for getting these needed items done in such a timely manner. We also had some needed renovations, including insulation done at the DHS house and new kitchen wares and refrigerator for the Banning house.

A grant from the Desert Healthcare District was received and will be used for the new energy efficient windows for the SHOH house.

Our Directors and counselors were also busy during the year, whether it was a conference or mandated meeting in Sacramento, Riverside County or elsewhere, our staff is always well informed and keeps us in compliance so we can provide the best service to our clients.

**TYPICAL MONTHLY
ACTIVITIES**

<u>Morning mediations</u>	<u>35</u>
<u>Parenting Classes</u>	<u>10</u>
<u>Weekly Family Rap</u>	<u>6</u>
<u>Health Clinic/TB</u>	<u>5</u>
<u>Drug Education Class</u>	<u>5</u>
<u>Dept. Public Serv</u>	<u>3</u>
<u>Food stamps</u>	<u>3</u>
<u>Anger Management Group</u>	<u>5</u>
<u>Relapse Prevention Group</u>	<u>5</u>
<u>Self Esteem Group</u>	<u>5</u>
<u>Dr./Dentist appointments</u>	<u>8</u>
<u>Court Visits</u>	<u>1</u>
<u>Monthly Family Day</u>	<u>1</u>
<u>Healthy Relationships</u>	<u>4</u>
<u>CPS child Visits</u>	<u>6</u>
<u>Probation Visits</u>	<u>1</u>
<u>AA/NA Meeting</u>	<u>30</u>
<u>Aftercare Workshops</u>	<u>5</u>
<u>Goal Setting/Client Progress</u>	<u>10</u>

The staff and clients are also involved in many community volunteer opportunities.



**Ralph's Cardholders
can Help the
Soroptimist House of Hope**

If you shop at Ralphs, simply go to their webpage www.ralphs.com and at Community Rewards sign up for Soroptimist House of Hope. Then a donation will be made by Ralphs to SHOH every time you shop. We receive a check directly from Ralphs every quarter. Thanks, Ralphs and

Our Annual Christmas party potluck will be December 15, at 6pm. If you are interested, please bring a food dish and come and join the Holiday Season festivities with your SHOH family.

We look forward to another successful year in 2016, and it will be our 35th Anniversary!

So from myself and from all of us at House of Hope, from our house to yours, thank you for your continued support, and may you all have a wonderful Holiday Season and a great New Year!

Sincerely,
George Fisher
Executive Board President

**Soroptimist House of Hope
Executive Director Message**

So, I asked my assistant the other day "Where the heck did October go?" She was as clueless as I was but we agreed that times flies when you are having fun. It also flies when you are working hard at providing quality services to our women in need. Between the bureaucratic red tape of funding applications and making sure there is enough money to cover payroll to provide those quality services, life can become pretty hectic. One of my top priorities for myself and my staff is self-care. We don't just talk about it, we practice it to the best of our ability. As most of you know, counselor burnout is the number one cause of people leaving this profession. When I began working for SHOH in 1999, I remember someone telling me "Make sure you have a life outside of this house". I pass that sage advice on to all who are working in this field and find themselves struggling.

thanks to you for signing up.

Got Questions? For more information please visit Ralph's website by clicking on this link for [Frequently Asked Participant Questions and Answers.](#)

Visit www.ralphs.com or www.food4less.com

Emails can be sent to community.programs@ralphs.com

Board and Staff

Board of Directors

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Vice President/Human

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Marilyn Alt

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Maria Cox

Treasurer

Dot Reed

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Yvonne Parks

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Becky Casten

Accounting Service

Margaret Henderson

Payroll Service

Administration

Banning/Desert Hot Springs

Cynthia "Oma" Gray

CADC II, ICADC,

Executive Director

Residential Treatment Program

Lupe Stoneburner

Taking care of yourself is paramount to being able to help others. You can only keep what you have by giving it away but you cannot give away something you don't have. Maintaining a healthy personal recovery program benefits not only you but all who come into contact with you.

I am grateful for the continuous lessons I learn by working in the Substance Use Disorder Treatment profession but my job is not my program. My job is not my recovery. My job is to stay healthy physically, mentally and spiritually, one day at a time and help others learn how to do the same thing.

For all the beautiful women that have come through House of Hope, we are having our annual Alumni Christmas party on December 15, 2015 at 6:00 p.m. at the Desert Hot Springs house. Please come and bring your families, share your recovery and enjoy a great holiday potluck meal.

Finally, as we enter the holiday season, I want to thank the awesome team I am privileged to work with on a daily basis and all of our regular volunteers, donors and supporters. May this holiday season find you healthy, happy and full of good cheer.

To help us with our mission, please visit www.recoveryhouseofhope.org.

In love and Service,
Cynthia "Oma" Gray, CADC-II, ICADC
Executive Director

SAVE THE DATE FOR
"A DAY OF HOPE"
Saturday, April 23, 2016

CADC II, ICADC,
Director/Program Manager
Desert Hot Springs

Leslee Blake
CADC-II, CA
Assistant Director

Cindi Handwerk
C.A.D.C. - C.A.S,
Assistant Director

Hope's Horizons
Transitional Living-Banning

Catherine Cato
CADC II, ICADC,
Resident Manager

Christopher Francisco
Grant Writer

Juanita Hernandez
Marketing Coordinator



2015 Day of Hope guests

Please save the date for our third annual "A Day of Hope" on Saturday, April 23, 2016.

The event will be held at the Skyborne Clubhouse in Desert Hot Springs from 3:00 p.m. to 5:00 p.m. and will include free valet parking, delicious hors d'oeuvres and desserts, a silent auction and raffle, and inspiring speakers who will explain the important work we are doing to help women overcome substance use disorders and live sober and happy lives. All proceeds from the event will help us provide our program services in 2016. Look for your email invitation with additional details and ticket ordering information in January. We hope to see you there!



Special Thanks to the
Employees Community
Fund of Boeing California
for Lending Us a Hand

Soroptimist House of Hope
received a \$5,000 donation
from the **Employees**
Community Fund of
Boeing California.
The donation which is

SHOPPING FOR HOLIDAY GIFTS ON
CYBER MONDAY?



This Holiday Season Shop AmazonSmile
and Support the House of Hope!

100% funded by Boeing employee donations will be used for direct program services for our clients to help transform their lives.



Client Comments:

"The moment that I walked in the door, any reservations that I had were lifted.

I immediately felt unconditional love and support and I knew I was in the right place. "

~ M.C.

"Every aspect of this program has meant a great deal in my life. I am grateful for the House of Hope. This journey has truly taught me the meaning of hope."

~ A.

"The House of Hope saved my life... my new life has meaning and happiness. Thank you so very much, I will never forget this experience."

~K.K.

AmazonSmile has the same prices, same products, and same payment method as Amazon. The only difference is that instead of shopping at www.amazon.com you're shopping through AmazonSmile at www.smile.amazon.com. AmazonSmile will donate 0.5% of your eligible purchases to Soroptimist House of Hope.

Just use your existing Amazon account to log into www.smile.amazon.com, choose "Soroptimist House of Hope" as your charity of choice, and start shopping. It's that easy!

Mark your calendars for Cyber Monday on November, 30th, the biggest online shopping day of the year. Shop AmazonSmile for special sales and exclusive offers while supporting your favorite charity.

UPDATE

DOT'S PHANTOM BIRTHDAY



A message from Dot Reed

A very special thank you to all of the people who made donations to SHOH for my Phantom Birthday Party. We added over \$2500 to help the women on their way to a new way of life.

This came at the same time that I was able to turn over the Presidency to George Fisher. I will

Soroptimist House of Hope
PO Box 1055
Desert Hot Springs, California
92240
houseofhopedia@gmail.com

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continue to support SHOH by being on the Board of Directors and participating in every way that I can.

Again, thanks to all of our donors, we need your ongoing support.

Sincerely,
Dot Reed